

SACRED HEART CATHOLIC CHURCH  
 Kabega Park, Port Elizabeth  
 1961-2021  
**Welcoming, inclusive, united family!**  
**PARISH DIAMOND JUBILEE YEAR**  
 www.sacredheartkabega.co.za



**Priest in Charge:** Fr Lubabalo Mguda  
**Parish Office:** 041- 360 8240  
**Email:** [secretary@sacredheartkabega.co.za](mailto:secretary@sacredheartkabega.co.za)  
**Office Hours:** 08h00 – 13h00  
**Website:**

**Social Media:** Sacred Heart Catholic Church,  
 Gqeberha

**Sixteenth Sunday in Ordinary Time – Year A – Third World Day for Grandparents and Elderly - 23 JULY 2023**

We celebrate the Third World Day for Grandparents and the Elderly on this Sixteenth Sunday in Ordinary Time, the fourth Sunday in July, close to the Feast of Saints Joachim and Anne, the Grandparents of Jesus, parents of Mary. Pope Francis instituted this Day in 2021 because he was concerned that grandparents and the elderly were often forgotten, while they play an important societal role of being **“the link between generations, passing on the experience of life and faith to the young.”** The Theme Pope Francis chose for this year is from the gospel of Luke (1:50), **“His Mercy is from age to age.”**

Time	Day	Liturgical Day	Readings	MASS INTENTIONS
17h00	Saturday 22 July	<b>SIXTEENTH SUNDAY IN ORDINARY TIME – YEAR A</b>	<b>Wisdom 12:13, 16-19; Psalm 86:5-6, 9-10, 15-16;</b>	<b>Rest of the Soul – Donald Kenneth Hearne</b>
08h00	Sunday 23 July	<b>SIXTEENTH SUNDAY IN ORDINARY TIME – YEAR A</b>	<b>Romans 8:26-27</b>	<b>Rest of the Soul – Christopher McCallum</b>
10H30	Sunday 23 July	<b>SIXTEENTH SUNDAY IN ORDINARY TIME – YEAR A</b>	<b>Gospel – Matthew 13:24-43</b>	<b>RIP – Sonia Hammond, Mario, Aurora, Alfio Arteco</b>
18H30	Tuesday 25 July	<b>Feast – St James Apostle</b>	<b>2 Corinthians 4:7-15; Psalm 126; Matthew 20:20-28</b>	<b>Rest of the Souls – Pious List</b>
08H30	Wednesday 26 July	<b>Memorial - Ss Joachim &amp; Anne Parents of Mary</b>	<b>Exodus 16:1-5, 9-15; Psalm 78:18-19, 23-28; Matthew 13:1-9</b>	<b>Thanksgiving: Grandparents and Elderly of the Parish</b>
08H30	Thursday 27 July	<b>Sixteenth Week in Ordinary Time – Year I</b>	<b>Exodus 19: 1-2, 9-11, 16-20; Daniel 3:29-34; Mt 13:10-17</b>	<b>RIP- Geraldine Human</b>
08h30	Friday 28 July	<b>Sixteenth Week in Ordinary Time – Year I</b>	<b>Exodus 20:1-17 ; Psalm 19:8- 11; Mt 13:18-23</b>	<b>RIP – Geraldine Human</b>
17h00	Saturday 29 July	<b>SEVENTEENH SUNDAY IN ORDINARY TIME – YEAR A</b>	<b>1 Kings 3:5, 7-12; Psalm 119: 57,72, 76-77, 127-130</b>	<b>Rest of the Soul – Dennis Kim Sing</b>
08h00	Sunday 30 July	<b>SEVENTEENH SUNDAY IN ORDINARY TIME – YEAR A</b>	<b>Romans 8:28-30</b>	<b>2<sup>nd</sup> Birthday – Lambert Gallant – Thanksgiving Jacobs Family</b>
10H30	Sunday 31 July	<b>SEVENTEENH SUNDAY IN ORDINARY TIME – YEAR A</b>	<b>Gospel – Matthew 13:44-52</b>	

**HOSPITALITY: THE COMMUNITY OF THE SACRED HEART IS A WELCOMING AND INCLUSIVE UNITED FAMILY**

**NEW PARISHIONERS:** Register as a New Parishioner and receive an e-Newsletter every Friday.

**HOUSE MASSES AND BLESSING:** on Thursdays @ 6pm are available on request for new parishioners.

**MAINTENANCE TEAM:** We would like to invite anyone who can spare some time on a Saturday morning to join us in this community project. Please note that we will work every Saturday, except when the weather is inclement, and we will inform you of any changes through the parish newsletter. The Sacred Heart Community needs you to help families to kneel comfortably. If you are interested contact *Danville*, project coordinator on **073 069 5916**.

**CATECHETICS**

**SUNDAYS @ 09H30: GRADE 1 – 12** please contact Denise Philander on 071 079 9702.

**MASS ATTENDANCE IS NON-NEGOTIABLE AND COMPULSORY FOR PARENTS, CHILDREN AND CATECHISTS.**

## SACRAMENTS / DEVOTIONS / SPIRITUAL GROWTH

**INFANT BAPTISMS:** Parishioners who would like to have their children baptised please contact Parish Office ASAP.  
**SACRAMENT OF MARRIAGE PREPARATION:** Please contact the Parish Office at least **ONE YEAR** before the wedding.  
**SACRAMENT OF RECONCILIATION AND PENANCE:** Saturdays @ 16h30; Tuesday @ 17h45; Thursday @ 09h15  
**TUESDAY EVENING HOLY HOUR WITH ROSARY @ 17H30:** Adoration, Rosary and Benediction.  
**THURSDAY MORNING HOLY HOUR @ 09H00:** Adoration, Rosary and Benediction.  
**JULY IS THE MONTH OF THE PRECIOUS BLOOD OF JESUS CHRIST – ST VINCENT DE PAUL SOCIETY (LEAD ROSARY)**  
**BIBLE STUDY: 26 JULY 2023 WEDNESDAY @ 18h30** in the Religious Centre (Small Hall)

## SACRED HEART OUTREACH MINISTRIES

**Saturday Soup Kitchen - unemployed:** • **Group 4 will be distributing soup on Saturday, 22 July 2023 @ 08h00**  
• **Group 5 will be distributing soup next Saturday 29 July 2023, at 08h00**

**ST VINCENT DE PAUL:** We appeal to parishioners for men's closed shoes/takkies, in a reasonable condition, that we may distribute to those in need during this cold rainy season.

**SVDP FOOD PANTRY:** Samp, Baked Beans, Tinned Vegetables, Lentils, Beans, Tomato Paste, Peanut and Cooldrink concentrate to be placed in the trolley in the foyer – to assist the relief efforts for the poor in our community.

## UPCOMING PARISH/DEANERY EVENT

**UNITY MASS – 9 AUGUST 2023 – Theme: MARRIAGE AND FAMILY – SAN FRANCESCO, CHARLO @ 10 am** - All married couples intending to attend this mass on 9<sup>th</sup> August must please inform the parish office of their attendance and their years of marriage. Certificates will be issued by the Diocese to all married couples at the Unity mass. Please note only couples who attend this Unity mass on 9<sup>th</sup> August will be issued with certificates, no attendance, no certificate.

**WINTER LIVING THEOLOGY 2023:** Tuesday 20 – Thursday 22 August 2023 (09h30 - 15h30) @ St Luke's Retreat Centre, 10 Park Lane, Gqeberha (R1100 includes 3 x lunches and 3x lectures per day pensioner discounts are available) book via email: [pdo@cdpe.co.za](mailto:pdo@cdpe.co.za) - Topic: **THE BIBLE THE BEST SELLER OF ALL TIMES:** Where does it come from and why do we need it? **The Presenter is Fr David Neuhaus SJ**

**SYNODALITY** - The parish will host Siobhan Dooley, Care Ministry, to present a 4 week training entitled "**Pastoral Listening**". Please see below the framework of the 4 sessions. Main topics include:-

**Block 1:** Personal growth, role and qualities of a listener -

**Block 2:** Listening skills, empathy, and reflection -

**Block 3:** Dealing with death and dying

**Block 4:** Summarising, clarification, questions, endings

**RAFFLE.** The Fundraising Committee is raffling a preloved Brother GS3700 Mechanical Sewing Machine. Value R4099.00. Mint Condition. Tested by Singer. Ticket Cost: R20. Draw date 09 August 2023. Tickets available after Mass

**Mater Dei Bingo – Saturday 29 July 2023 @ 15h00** (R120 per ticket) – Mater Dei Parish Hall [info@materdeiicc.co.za](mailto:info@materdeiicc.co.za)

**St Augustine's International Food Evening – Friday 28 July 2023** contact Rupert for coupons at 072440 2692

**St Augustine's Cathedral** will be hosting the Cologne Cathedral Girls Choir on Sunday the 30th July at the 9.30am Mass. Please feel free to join them during this special occasion.

**Sacred Heart Golf Day – 22 September 2023 @ PE Golf Club Westview Mill Park,** Please book a Four Ball contact [Danville.Felkers@consultm.co.za](mailto:Danville.Felkers@consultm.co.za) or [dphilander@gmail.com](mailto:dphilander@gmail.com)

## STEWARDSHIP

**WEEKLY COLLECTIONS AND MONTHLY PLEDGE:** THANK YOU TO ALL OUR PARISHIONERS WHO PAY THE PLEDGE CONSISTENTLY AND GENEROUSLY DURING THESE DIFFICULT FINANCIAL TIMES IN OUR COUNTRY. Please make use of the "**smart option**" – Electronic Transfer/EFT of weekly collections directly into our Parish Bank Account – **Standard Bank: Sacred Heart Catholic Church; Account Number: 080389007; Branch: Port Elizabeth; Branch Code: 050017.**

**SECOND COLLECTION –Peter's Pence – this weekend of 22/23 July 2023.**

## FOR THE SICK AND HOUSEBOUND:

Leslie Ah Shene, Sally Botha, Beryl Bowler, Valerie Brown, Gerald Burger, Maria De Freitas, Deanna Dickson, Pat Douglas, Patrick Dwyer, Sylvia Dyson, Roland Edgar, Shirleen Grobbelaar, Gladys Harper, Thora Hempel, Lydia Hendricks, James Henderson, Eden Kempthorne, Jocelyn Keun, Basil Knight, Lucia Leander, Nancy and Ronnie Leeson, Ann Lentz, Isobel Lloyd, Stuart Mandy, Leo Smithies, Gerald Spence, Annie Maria Van Rooyen, Joyce Weimers, Gwen Williams.